



Snapshots of Life

An Inspired Visual Journey

by Payman Pirmazar

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Photography is something I have enjoyed for many years and is one of my connections to my dad, who also enjoyed and appreciated capturing a moment or snapshot of life in a non-intrusive way. Digital photography allows me to integrate my love of photography and digital methods of enhancing the colors of life.

Each photograph I share in this book I have individually digitally manipulated, by definition meaning 'by hand' and 'by electronic means' to enhance and bring out those specific elements that I see with my mind's eye and would like to express and share with you, the viewer. The result is what I call "Phaintings" - images that are somewhere between a photo and a painting. Much like life itself - somewhere between what is real and our perception of it.

Life is Perception - yet another lesson I learned from my dad years ago that has shaped my life ever since. Over the years, my interest in how we perceive and appreciate life and its elements has led me to go into a great depth in this area. Photography and writing are forms of meditation for me and I am grateful to be sharing them with those who appreciate them.

This book contains a select collection from my Snapshots of Life Portfolio and my Paymanisms, phrases and other writings that I have used to express my thoughts, feelings, and beliefs. For several reasons, the photos presented this book have been selected from those I have taken with my iPhone. It is with the encouragement of friends and family that this tribute and gratitude towards life is being shared. It is amazing how the pairings of the Snapshots and Paymanisms so effortlessly found synchronicity during the preparation of this book. It is my intent that the images and words together will synergistically connect on an emotional manner that reach beyond that of each alone. I invite you to visit efiant.com for more...

- Payman Pirnazar

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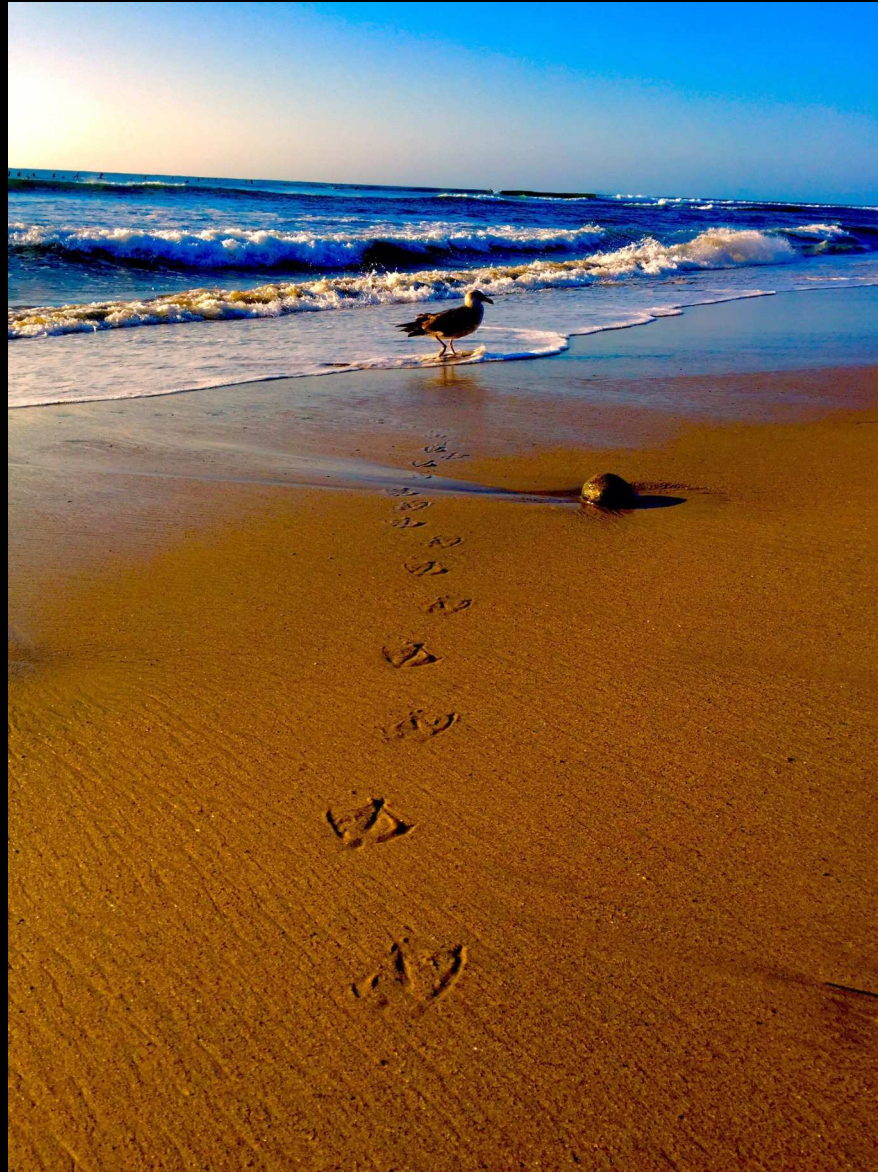
A Snapshot of Life is an unplanned photo which captures and encapsulates not just a single fleeting moment of time and space, but also the emotions associated with it.



*Stand back often and see yourself from a distance;
you'll benefit from a better, less myopic perspective.*



When you not only accept but come to expect that mistakes will naturally happen, you will no longer see them as mistakes but as opportunities.



*Footprints show where you've been,
not where you're going.*



You must first fly before you can soar.



You must first venture off the shore before you can ever ride the waves.



*We don't choose certain things in life, just like we don't choose that the sun rises every morning.
Just because someone may choose to shut all the windows, doors and drapes so
as not to see the light, it doesn't mean that the sun ceases to rise and light up the world.*



*Our most meaningful friendships are those that
surmount the deepest valleys on the way to the highest peaks.*